

Cold Drinks

Coca Cola (Bottle) 33 cl	£2.40
Diet Cola (Bottle) 33 cl	£2.40
Fanta (Bottle) 33 cl	£2.40
Sprite (Bottle) 33 cl	£2.40
Ayran (Glass)	£2.20

	Small	Large
Still Water	£2.00	£3.40
Sparkling Water	£2.00	£3.40
Apple Juice	£1.90	£2.30
Cranberry Juice	£1.90	£2.30
Pineapple Juice	£1.90	£2.30
Orange Juice	£1.90	£2.30

Beers

Efes (33 cl)	£3.95
Draft Efes (50 cl)	£4.40
Corona (33 cl)	£3.95
Perroni (33 cl)	£3.95
Keo (33 cl)	£3.95
San Miguel (33 cl)	£3.95
Becks Blue Alcohol Free (33 cl)	£3.95
Stella Artois (33 cl)	£3.95

Spirits

	25cl	50cl
Martini (Dry, Rosso, Bianco)	£3.75	£4.75
Smirnoff Vodka	£3.75	£4.75
Brandy	£3.75	£4.75
Gordons Gin	£3.75	£4.75
Remy Martin	£4.25	£5.25
Bacardi	£3.75	£4.75
Archers	£3.75	£4.75
Malibu	£3.75	£4.75
Tequila	£3.75	£4.75
Bells	£3.75	£4.75
Jamesons	£3.75	£4.75
Jack Daniels	£4.25	£5.25
Raki & Ouzo (Double)	£4.75	
Raki (35 cl) (Bottle)	£26.00	
Raki (70 cl) (Bottle)	£49.00	

Liqueur Coffees

Irish Coffee (Irish Whiskey)	£3.95
Calypso Coffee (Tia Maria)	£3.95
Russian Coffee (Vodka)	£3.95
French Coffee (Brandy)	£3.95
Baileys Latte (Baileys)	£3.95

Desserts £3.95

Baklava
Rice Pudding
Strawberry Cheesecake
Tiramisu

Dessert with fresh cream or ice cream £1.00 extra

Ice Cream
(Choice of Strawberry, Chocolate, Vanilla)

Hot Drinks

Pot of Tea	£2.00
Filter Coffee	£2.00
Turkish Coffee	£2.00
Espresso	£2.00
Double Espresso	£2.20
Cappuccino	£2.40
Café Latte	£2.40
Café Mocha	£2.80
Hot Chocolate	£2.40
Fresh Mint Tea	£2.40
Herbal Tea (Breakfast, Earl Grey, Peppermint, Lemon)	£2.20

Liqueurs

Drambuie	£3.25
Sambuca	£3.25
Cointreau	£3.25
Benedictine	£3.25
Grand Marnier	£3.25
Baileys	£3.25
Tia Maria	£3.25
Kahlua	£3.25
Amaretto	£3.25
Southern Comfort	£3.25
Limoncello	£3.25
Peppermint	£3.25
Rose	£3.25



Opening Times

Monday - Sunday: 12:00 - 22.30

SHENS MEDITERRANEAN CUISINE

29 Bank Street,
Ashford, Kent
TN23 1DQ

T: 01233 421 886

www.shensrestaurant.co.uk

SOUP OF THE DAY..... £4.25

STARTERS

COLD MEZES ALL SERVED WITH BREAD

HUMUS (V) <i>Crushed chickpeas, tahini, lemon juice, garlic and olive oil</i>	£4.50
CACIK (V) <i>Cucumber & a hint of garlic in a creamy yoghurt sauce</i>	£4.50
TARAMA <i>Freshly prepared whipped cod roe</i>	£4.50
KISIR (V) <i>Crushed wheat, celery, tomato sauce, parsley, mixed peppers & herbs</i> ..	£4.50
SAK-SUKA (V) <i>Aubergine, onion, green peppers in a homemade tomato sauce</i> ..	£4.50
DOLMA (V) <i>Stuffed vine leaves with rice, lemon, onion, parsley</i>	£4.50
PIYAZ (V) <i>Beans with parsley, tomato, onion, olive oil, lemon</i>	£4.50
BORULCE (V) <i>Blackeyed beans with olive oil, lemon, chops courgettes</i>	£4.50
POTATO SALAD (V) <i>Potato with Spring onion, olive oil, lemon, coriander</i>	£4.50
PRAWN COCKTAIL <i>Served with lettuce, lemon and thousand island dressing</i>	£4.95
AVOCADO PRAWNS <i>Served with lettuce, lemon and thousand island dressing</i>	£5.50
SMOKED SALMON <i>Served lettuce and lemon</i>	£5.50
SMOKED SALMON & AVOCADO <i>Served with lettuce & lemon</i> ..	£5.95
OCTOPUS <i>Served with salad garnish</i>	£5.95
SARDINES <i>Mash sardines with olive oil, onion and parsley</i>	£4.95
FETA CHEESE (V) <i>Traditionally made with sheep's or goat's milk</i>	£4.50
IMAM BAYILDI (V) <i>Aubergine stuffed with onions, peppers, tomato sauce</i> ..	£4.50
MIXED OLIVES (V) <i>Marinated black and green olives</i>	£3.95

HOT MEZES ALL SERVED WITH BREAD AND GARNISH SALAD

HALLOUMI (V) <i>Grilled Cypriot cheese served with tomatoes & cucumber</i>	£4.95
HALLOUMI SPECIAL (V) <i>Cypriot cheese with tomato pomegranate</i>	£5.25
BOREK (V) <i>Rolled pastry filled with feta cheese and parsley</i>	£4.95
HUMUS KAVURMA (V) <i>Humus topped with cooked lamb meat</i>	£5.95
ARNAVUT CIGERI.....	£5.50
<i>Freshly diced pan fried liver with herbs, served with red onion & parsley</i>	
CALAMARI <i>Freshly fried squids with tartar sauce</i>	£5.50
FALAFEL & HUMUS (V) <i>Ground Chickpea and Broad Bean Fritters</i>	£5.50
KING PRAWNS <i>Cooked in a White Wine and Garlic Sauce</i>	£5.95
GARIDES SAGANAKI.....	£6.25
<i>King prawns with paper, garlic and, feta cheese, ouzo in tomato sauce</i>	
MITITE KOFTE.....	£4.95
<i>Charcoal grilled home made minced lamb with parsley, onions & garlic</i>	
CHICKEN WINGS (4).....	£4.50
<i>Marinated cooked over charcoal served with tomato sauce</i>	
FRIED VEGETABLES (V).....	£4.50
<i>Sliced aubergine, courgette, mixed peppers, served with yoghurt sauce</i>	
SUCUK <i>Grilled spicy Turkish sausage</i>	£4.50
MUCVER (V).....	£4.95
<i>Vegetable fritters made with courgettes feta cheese, spring onions, eggs served with yoghurt</i>	
WHITEBAIT <i>Coated in bread crumb and fried - Tartar sauce</i>	£5.50
MUSSELS (off the shell) <i>Fried with tomato, garlic sauce and white wine</i> ...	£5.50

COLD MIXED MEZES

6 SELECTION OF COLD MEZE..... **£12.00**
(Humus + Cacik + Tarama + Dolma + Kisir + Sak-Suka)

HOT MIXED MEZES

6 SELECTION OF HOT MEZE..... **£16.00**
(Halloumi + Sucuk + Falafel + Calamar + Mitite Kofte + Muever)

MAIN COURSES ALL SERVED WITH BULGUR OR RICE & SALAD

CHICKEN SHISH <i>Marinated lean chunks of chicken on a skewer</i>	£12.95
LAMB SHISH <i>Marinated lean tender pieces of lamb served on a skewer</i>	£14.95
ADANA KOFTE <i>Hand-minced lamb seasoned and skewered</i>	£11.50
CHICKEN AND LAMB SHISH.....	£13.95
ADANA AND LAMB SHISH.....	£13.50
LAMB RIBS (7Pcs) <i>Marinated lamb ribs chargrilled</i>	£11.50
MIXED GRILL <i>Lamb shish, chicken shish, mitite kofte, lamb chops</i>	£15.50
LAMB CUTLETS (4 Pcs) <i>Marinated Succulent lamb cutlets, chargrilled</i> ..	£13.95
KLEFTICO <i>Lamb Shank, oven cooked</i>	£14.95
CHICKEN ALA-CREAM.....	£13.50
<i>Fillets of Chicken cooked in a Mushroom, White Wine Cream Sauce</i> <i>Served with sauté potato and mixed vegetables</i>	
SHEN'S SPECIAL CHICKEN.....	£11.50
<i>Breast of marinated chicken cooked over charcoal</i>	
CHICKEN WINGS (8 Pcs).....	£9.50
<i>Marinated plump and juicy chicken wings chargrilled</i>	
MEAT MOUSAKA.....	£12.50
<i>Aubergine, potatoes, carrot, onions, courgette, peppers with béchamel sauce topped with melted cheddar cheese</i>	
GUVEC (LAMB CASSEROLE).....	£11.95
<i>Lamb cubes with chopped aubergine, onions, tomatoes & herbs served with rice and salad</i>	
GUVEC (CHICKEN CASSEROLE).....	£10.95
<i>Chicken cubes with chopped aubergine, onions, tomatoes & herbs served with rice and salad</i>	

STEAKS ALL SERVED WITH CHIPS, MUSHROOM & GRILLED TOMATO

FILLET STEAK.....	£20.50
RIB EYE STEAK.....	£18.50
SIRLON STEAK.....	£18.50

CHEF'S SPECIALS

YOGHURTLU CHICKEN.....	£13.50
<i>Chicken shish served on a bed of toasted bread with garlic, yoghurt, tomato sauce and dizzle of butter</i>	
YOGHURTLU ADANA.....	£12.95
<i>Adana Kofte served on a bed of toasted bread with garlic, yoghurt, tomato sauce and dizzle of butter</i>	
ISKENDER.....	£14.95
<i>Lamb shish served on a bed of toasted bread with garlic, yoghurt, tomato sauce and dizzle of butter</i>	

FISH DISHES

All Served with Salad or Mixed Vegetables & Sauté Potato or Chips

MEDITERRANEAN KING PRAWNS (8Pcs).....	£16.50
<i>Cooked in a White Wine & Garlic Sauce.</i>	
CALAMARI <i>Freshly fried squids with tartare sauce</i>	£14.50
GRILL SALMON (FILLET).....	£14.95
GRILL SEA BASS (FILLET).....	£14.95
GRILL SEA BREAM (FILLET).....	£14.95
GRILL OCTOPUS.....	£13.50

SALADS & PASTAS

CHICKEN CEASAR SALAD.....	£10.50
<i>Chargrilled Chicken Breast served Caesar Dressing</i>	
HALLOUMI OR FETA CHEESE SALAD (V) <i>Served with Mixed Salad & Olives</i>	£10.50
CHICKEN AND AVOCADO SALAD <i>Served with Mixed Salad & dressing</i>	£12.50
SPAGHETTI BOLOGNESE <i>Served in a Rich Minced Beef & Tomato Sauce</i>	£10.50
CHICKEN ESCALOPE <i>Served with Spaghetti Napolitano</i>	£10.50
FILLET OF SALMON SALAD <i>Mixed Salad and Olives</i>	£12.50
SMOKED SALMON AND AVOCADO SALAD <i>Served with Mixed Salad</i> ..	£11.50
GRILL OCTOPUS SALAD <i>Served with Mixed Salad</i>	£13.00

SHEN'S 1

£14.95 per person
Min 2 Person

A Selection of 2 Cold Meze: **Humus, Dolma**
A Selection 2 Hot Meze: **Mitite Kofte, Borek**
Platter: **Chicken Shish - Lamb Shish - Adana Kofte**
Lamb Ribs (4) - Chicken Wings (4)
Served with rice, bulgur and salad

SHEN'S 2

£18.95 per person
Min 2 Person

A Selection of 4 Cold Meze: **Humus, Cacik, Piyaz, Dolma**
A Selection 4 Hot Meze: **Mitite Kofte, Borek, Hellim, Liver**
Platter: **Chicken Shish - Lamb Shish - Adana Kofte**
Lamb Ribs (4) - Lamb Cutlets (2) Chicken Wings (4)
Served with rice, bulgur and salad

SHEN'S 3

£22.95 per person
Min 2 Person

A Selection of 6 Cold Meze:
Humus, Cacik, Kisir, Borulce, Dolma, Potato Salad
A Selection 6 Hot Meze:
Borek, Hellim, Liver, Muever, Sucuk, Mitite Kofte
Platter: **Chicken Shish - Lamb Shish - Adana Kofte**
Lamb Ribs (4) - Lamb Cutlets (2) Chicken Wings (4)
Served with rice, bulgur and salad

SHEN'S FISH MEZE

£22.95 per person
Min 2 Person

A Selection of 4 Cold Meze
Tarama, Sardines, Smoked Salmon, Octopus
A Selection 4 Hot Meze
King Prawns, Whitebait, Mussels, Calamar
Platter: **Fillet of Salmon and Seabream**
Served with chips and salad

VEGETARIAN DISHES (V)

All Served with Bulgur or Rice & Salad

MOUSAKKA.....	£10.50
<i>Oven baked sliced aubergine, potato, courgette cooked with simple delicious homemade béchamel sauce, mozzarella cheese</i>	
IMAM BAYILDI.....	£11.50
<i>Delicately fried aubergine, stuffed mixed peppers, onions, garlic and tomato sauce</i>	
FALAFEL & HUMUS.....	£11.50
<i>Broad beans, chick peas, vegetables, sesame, garlic</i>	
MUCVER.....	£10.50
<i>Vegetable fritters made with courgettes feta cheese, spring onions, eggs served with yoghurt</i>	

SIDE ORDERS £3.25

MIXED SALAD	CHIPS
FETA CHEESE SALAD	BULGUR
SAUTE POTATO	RICE
MUSHROOM	MIXED VEGETABLES
GRILLED TOMATO	YOGHURT

Some dishes may contain allergic ingredients, please ask a member of staff if you have any allergy or specific dietary requirements